

Campbell  
blames  
media for  
bad girl  
image



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ROBIN KUNISKI/FOR METRO CALGARY



Dion Nelson, 23, still doesn't know whether the cosmetic use of pesticides will be banned in Calgary as council battled late into last evening, eventually choosing to postpone further debate until 1 p.m. today.

## Debate sprays over

City council's battle on pesticide ban hits Day 2

NEIL MACKINNON  
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**Cosmetic pesticide use in Calgary isn't going to be phased out without a fight.**

Council adjourned its meeting mid-debate last night, just as lines were being drawn in the sand, with Ald. Joe Connelly vowing to vote against the move citing a lack of scientific evidence to prove the negative impact of pesticides.

No decision on whether the city will move forward with a plan to edge out cosmetic use will come until after it reconvenes today at 1 p.m. Two amendments were set forward by Ald. Gord Lowe, one to

**"If I have a dandelion, I can't spray it myself but I can hire someone else to do it. I'm confused."**

Ald. Bob Hawkesworth

guarantee a ramped up education plan by March 2009, and the other to have a standalone bylaw for cosmetic pesticide use, and both were passed.

"If you want to keep the status quo in place, just vote against the recommendations and quit wasting each others' time," quipped Ald. Druh Farrell, adding a barrage of amendments would gut the intentions of a phase out to a point where "they mean nothing."

A controversial move by Ald. Ric McIver and supported by Ald. Linda Fox-Mellway to consider exceptions for pesticide sprayers with provincial registration numbers sat at a stalemate when the meeting was adjourned at 9:36 p.m.

"We'd be exempting ourselves (the city), we'd be exempting contractors, but not homeowners," said Ald. Brian Pincott, who also said previous education efforts by the city have failed because of their simple "read the label" approach. "We'd be either making it worse or driving the status quo."

"So basically, if I have a dandelion, I can't spray it myself, but I can hire someone else to do it," added Ald. Bob Hawkesworth. "I'm confused."

## 'Vicious and brutal' sex assault in Banff

KRISTA SYLVESTER  
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A ride offer from a stranger turned into real life horror for two women after they were abducted and one was brutally sexually assaulted in Banff.

The ordeal began early Sunday when the women, aged 28 and 34, were offered a ride around 3 a.m. but after they got into the truck the man became aggressive and started punching them.

After the women managed to escape, the man tried to run them down in his truck before chasing them on foot and dragging them by their hair back into the truck.

One woman managed to escape and alert police while the other woman was sexually assaulted at least two times, RCMP said.

"It was a vicious and brutal attack. The women are very shaken up," acting RCMP spokesperson Const. Ray Lucko told Metro.

RCMP say the man has an extensive criminal record and was identified through fingerprints.

Cory Lawrence Bitternose, 38, faces numerous charges of kidnapping, aggravated assault and sexual assault.

World page 7



## Obama camp displeased with mag's satire

Beijing page 10

## Athletes dodge rights debate

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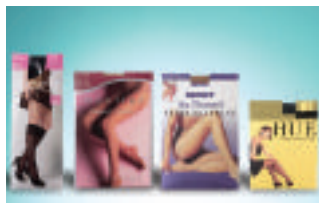
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**Missing woman**

A woman from the Bowden area has been missing since Saturday and the search for her west of Bowden has so far been unsuccessful. Caroline McCoy, 54, is 5'3", native with red spikey hair. Her dog and her vehicle were found four km west of Bowden. Foul play is not suspected. **METRO CALGARY**

**3**

# Local

**Historic reminder**

Calgary's Eau Claire smokestack was deemed a municipal historic resource by city council Monday. The stack is the last of its kind in the city and is considered a reminder of its natural resource roots.

METRO CALGARY



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# Citytv

ROGERS

## Online ads blindsides dad

**ALICIA FOX**  
for Metro Calgary

**good to know**

Information for parents is available at [www.gcsc.ca](http://www.gcsc.ca) or [www.calgarypolice.ca](http://www.calgarypolice.ca).

**A Calgary dad got a jolt yesterday after learning of his daughter's innocent online entrepreneurial adventures.**

Darrell Norquay had no idea that his 12-year-old daughter was posting advertisements on Kijiji, a free online ad service, full of personal information, until Metro inquired yesterday.

The girl's two ads were innocent enough, but between asking for jobs babysitting and advertising her wish to be a model, the world had her cell number, neighbourhood, and full name — and the ad garnered 67 hits in just 24 hours.

"She's been in contact with a couple of (modelling) agencies and that's what she had talked about to me but I wasn't aware that she

had been posting this on a public site," said Norquay when contacted by Metro.

Aware of the online dangers himself, Norquay had the ads removed, and said in the future he'd make sure his kids clear anything they post with him, and understand the perils of the Internet.

Cst. Kathy Macdonald of the Calgary Police Service said she's come across this type of example several times.

"It isn't until (parents) actually experience an issue that they realize and understand some of the ways their kids are placed at risk. They can hear about it, but until they actually experience it, they don't understand it."



District 4 Staff Sgt. Cal Wiltshire holds \$100,000 in American counterfeit cash found last week.

## Counterfeit loot found in alley

**KRISTA SYLVESTER**  
[krista.sylvester@metronews.ca](mailto:krista.sylvester@metronews.ca)



**It was no laughing matter for city cops when they found \$100,000 in funny money left in an abandoned backpack in a northeast alley.**

Last Wednesday, police found a suspicious backpack

in an alley in the 6000 block of Memorial Drive NE and upon opening it found counterfeit American money in stacks of \$50 and \$100 bills.

"This is probably one of the largest (finds) in Calgary and definitely here at District 4," Staff Sgt. Cal Wiltshire told reporters.

"This is very high quality counterfeit, we don't usually see this level of quality,

but it lets us know it's out there," he added.

Police are looking for the public's assistance in finding out who owned the black Timberland bag.

Wiltshire wants Calgarians to be aware more fake money may be circulating and if anyone has information to call police at -266-1234 or Crime Stoppers at 1-800-222-TIPS (8477).

## Stampede Winners

**ROTARY DREAM HOME PRIZE PACKAGE**

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Clara Decai Tseng, Calgary

**TWO HARLEY-DAVIDSONS**

**\$49,360:**  
Aynn Amos, Toronto

**2008 PONTIAC G6 CONVERTIBLE**

**\$42,950:**  
Garry Robinson, Calgary

**BOAT & WHEELS**

**\$89,620:**  
Darren Warner, Calgary

**TRUCK 'N TOYS: 2008**

**\$90,090:**  
Charlene Spankie, Calgary

**2008 PONTIAC SOLSTICE GXP CONVERTIBLE**

**\$42,610:**  
Bob Schmidt, Calgary

**2008 BUICK ENCLAVE**

**\$57,120:**  
Mike Langdon, Calgary

**FIFTH WHEEL & TRUCK**

**\$170,600:**  
Brent Paquette, Chestermere

**LIONS LUCKY LOOT**

**\$300,000 cash:**  
Michael Scott, Red Deer

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Bears hungry for buffalo berries are forcing Parks Canada to put restrictions on areas high in food sources such as the Allenby and Aylmer Pass areas in Banff National Park. Until the end of September, people hiking in these areas must travel in groups of four and stay close together. **METRO CALGARY**

# Rising domestic abuse stats may be 'good thing': Police

Increase in number of calls may mean more people asking for help

KRISTA SYLVESTER  
krista.sylvester@metronews.ca

**At first glance, a police report stating domestic calls have increased by 500 over the past year could be alarming, but city cops say it may actually be positive.**

In 2007, the Calgary police received 12,276 domestic dispute calls — 500 more than in 2006, according to the 2007 Calgary Police Report to the Community — but Acting

Staff Sgt. John Guigon of the domestic conflict unit said it could mean more victims are asking for help.

"We actually think it's ultimately a good thing. It shows that more people are calling in and reporting domestic abuse and that is our goal," Guigon told Metro.

Guigon believes the increase doesn't necessarily mean that more people are suffering abuse.

"Domestic abuse is absolutely an issue and it's an

## Stay safe

Safety plans for you and your children:

- Keep emergency numbers with you.
- Be ready to leave quickly (e.g. cash, documents, keys)
- Make a plan for your children's safety.
- Change travel routes and routines.
- Call a shelter for more safety advice.

important problem, we take very seriously," he

said, adding there are 10 dedicated investigators, two sergeants and a staff sergeant on the unit.

Guigon said the unit has been around for almost 10 years but over the past year it has enhanced the unit and strengthened partnerships with groups like Homefront, an early intervention group, and Alliance to End Violence.

Alliance to End Violence is a help centre for victims and spokesperson Tatiana Tomlinovic agreed that while statistics can be mis-

interpreted, there is definitely a domestic abuse issue in the city.

"And it isn't just the victim's problem — it is a community problem. Everyone should be concerned about domestic abuse," she said, adding Alberta has statistically the most reported cases of domestic abuse across the nation.

Tomlinovic urges victims of domestic abuse to seek help, and hopes the increase in amount of calls to police indicates more people are reaching out.

## Store owner irked by utility blockade

Customers must go wrong way down one-way street to get out

NEIL MACKINNON  
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**Suzanne Delaine arrived at her business yesterday morning facing a worst-case scenario.**

The single mother of two, owner of What's In Store vintage clothing and costumes at the corner of Edmonton Trail and 15 Ave. NE, found her parking lot virtually blocked off by utility work that's expected to take six weeks to complete.

Relying mainly on stop-in customers making the commute from downtown on a usually busy thoroughfare, Delaine fears the water and deep sanitary line construction may bring an end to the business she's owned since September, leaving the fate of four employees up in the air.

"I'm pissed right off,"

said Delaine, noting sales, which have been on a steady incline since taking it over, will drop, and patrons still can get into her parking lot but can't get out unless they go the wrong way down a one way slice of street.

"I'm terrified what this might mean for my business."

Transportation Infrastructure's Erin Russell said the city's "doing the best we can" to mitigate accessibility issues.

Sassy Hair Design owner Merle Atkins, just down the block, admittedly has better customer access than Delaine and said she doesn't expect any impact on her appointment-based business.

"There's a little impact, but if you've got to go somewhere, you'll find a way," added first-time client Whitney Murray-McClelland, calling Calgary the "city of ongoing construction."

Watch related footage at [metronews.ca](http://metronews.ca)



Ride to Work Day organizer Brad Watson is hoping to see at least 100 people hit scooters and motorbikes today to help ease downtown traffic and parking congestion.

## It's Ride to Work Day

ALICIA FOX  
for Metro Calgary

**Save the gas and don the leather: tomorrow is Ride to Work Day.**

Calgary event organizer Brad Watson said he expects 100 people to hop on scooters and motorcycles this year, and says that over the six years it's been running it's been getting bigger and better.

"We really do have a traffic and parking congestion problem, especially in the downtown area, and we just believe that motorcycles are a big part of the answer," said Watson, adding that four motorcycles can park in the space one car takes up. He hopes to make people aware that these are environmentally friendly alternatives.

Riders are encouraged to park their vehicles in front of TransCanada Place at 450 - 1 Street SW, register for the

show and shine where celebrity judges, like aldermen and corporate executives, will be determining the winners.

Anyone without a bike can stop by and vote for their favourites as part of the Peoples Choice Judging, and winners of all contests will be announced after lunch.

A \$5 donation will be collected from the parkers for Richard's Ride, a charity supporting asthma research in the Calgary area.



## Cloud cover hampers solar car

**ROADBLOCK** The city's solar-powered hero hit some cloudy skies on their journey — just when they thought the sun and heat would never end.

The University of Calgary's Schuch 1 solar-powered car has driven into a roadblock facing overcast conditions in Oklahoma, but the students aren't about to let it slow them down from crossing the line.

"We learned that our battery protection system isn't used to this kind of heat and we really have to be careful about how we use our power when the sun isn't shining," team lead Darshni Pillay said.

The race resumed again yesterday. For more information about the race please visit [www.ucalgary.ca/blogs/solarteam](http://www.ucalgary.ca/blogs/solarteam).

METRO CALGARY

## News in brief

**STAMPEDE** Beer gardens or not, Stampede-goers were behaving themselves behind the wheel during festivities. According to police statistics, impaired drinking charges were on the low end

compared to two other similar-in-weather seven-day periods. Between June 6 and 12, total impaired driving charges reached 84, the period between June 27 and July 3 saw 49 charges, and Stampede week, July 4 to 10, saw 50 impaired driving charges.

**DEATH** The driver of a vehicle that rear-ended a semi-truck during rush hour last week died in hospital on Sunday. Joseph Ralph Hirsch, 78, died of the multiple blunt injuries he sustained when his vehicle hit a stopped semi-truck along Deerfoot Trail and Peigan.

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— Sriram Rangan, Ontario

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— Rosa Macleod, Ontario

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— Kathy Proff, Washington

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CRA3418FP Tab 4C - Metro Calgary - Calgary WK29

A Nova Scotia store owner is the first person charged under the province's new laws prohibiting the display of cigarettes. The man argues that cigarettes are a legal product in Canada that generate billions of dollars in tax revenue for governments, and he should be able to display his products. **METRO CANADA**

# Canada

**"This is very high quality counterfeit, we don't usually see this level of quality."**

Calgary Staff Sgt. Cal Wiltshire speaking how police found \$100,000 of counterfeit money in a backpack.



## funny money

Calgary police discovered a suspicious backpack in an alley and upon opening it found the counterfeit American money in stacks of \$50 and \$100 bills.

## Tories deporting first ever U.S. war resister

JEFF HODSON  
Metro Canada

**A 25-year-old tank commander who fled to Canada in 2005 to avoid the U.S. invasion of Iraq will become the first ever war deserter returned home by Canada following a ruling by a Federal Court judge in Vancouver yesterday.**

Robin Long will be deported today after an application to stay his deportation was dismissed by Madame Justice Mactavish. "This will be the first time Canada has ever played the

### assessment

Long received a negative pre-removal risk assessment in May, but was not informed of it until July, making it impossible to file an appeal, Ages said.

gendarme for the American military," said Bob Ages, chair of the Vancouver chapter of the War Resisters Support Campaign.

Ages said there are at least 50, but possibly hundreds, American deserters living in Canada. Mactavish ruled yesterday that Long failed to provide clear and non-speculative evidence that he would suffer "ir-

reparable harm" if deported.

Shepherd Moss, Long's lawyer, had argued Long faced lengthy jail times and could even get the death penalty.

The judge ruled that a death sentence was only a "theoretical possibility" as the last soldier sentenced to death for desertion was during the Second World War.

As well, between 2002 and 2006, 94 per cent of deserters have been dealt with administratively, receiving less than an honourable discharge. Long went AWOL in 2005, believing if he fought in Iraq he would be complicit in war crimes.

## Nova Scotia **Protesting racial slurs**



A Baptist Church in Nova Scotia yesterday led a protest over allegations off-duty police officers started a fight with members of the black community and used racial slurs. The Halifax Regional Police confirmed the officers were present and said they were investigating the incident.

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## Rockstar to marshall Edmonton Indy race

VICTORIA HANDSIDES  
Metro Canada

**EDMONTON** Taking a break from being the undisputed rock god of all time, Gene Simmons will be stripping off his makeup to welcome Edmontonians to the Rexall Edmonton Indy Car Series.

The event runs from July 24 to 26 and organizers say though he won't be breathing any fire, Simmons is the perfect choice to get the weekend events fired up.

"When we were considering options of who to have as a grand marshal, we thought, who better and larger than life than Gene Simmons?" said Northlands spokesman Darren Krill. "You might get some fire-breathing from his comments because he is a lot of fun, but he won't be in makeup spitting blood or anything like that."



Gene Simmons

**"He won't be in makeup spitting blood or anything like that."**

Organizer, Darren Krill

While Simmons might seem like an odd fit to kick off the Indy Car Series, Krill said that he loves the sound of roaring engines of the fastest cars in the world.

### News in brief

**BOREAL** Ontario has made the largest conservation commitment in Canadian history, setting aside at least half the Northern Boreal region — 225,000 square kilometres — for permanent protection from development, it said yesterday.

**KHADR** The controversy over just what Canada knew about Omar Khadr's treatment in Guantanamo Bay is expected to erupt again today with the release of a 2003 interrogation video, which shows him begging to go home. **METRO CANADA**



**Longer maternity leave might harm working women**

Extending paid maternity leave in Britain to a year from nine months could damage women's careers by unintentionally making women of child-bearing age less attractive to employers, an equalities watchdog said this week.

REUTERS

# World

## Cover art controversy

The New Yorker's attempt at humour creates an uproar

**This week's New Yorker magazine pokes fun at smears directed at Barack Obama, but the Democratic presidential candidate isn't laughing.**

The cover portrays the Illinois senator in a turban and robe bumping fists with wife Michelle, who sports an Afro, a rifle and military garb. In the background, an American flag burns in the fireplace.

The left-leaning magazine's cover summarizes several smears that have surfaced this year: that Obama is a "secret Muslim" who hates America and his wife harbors a Black Panthers-style enmity toward white society.

Even that fist bump, the modern version of the high five, was described as a "terrorist fist jab" by a Fox News anchor, who later apologized.

The Obama campaign, which has taken aggressive measures to knock down these perceptions, is not amused with the magazine cover.

**"But most readers will see it as tasteless and offensive. And we agree."**

Bill Burton, Obama spokesman

"The New Yorker may think, as one of their staff explained to us, that their cover is a satirical lampoon of the caricature Senator Obama's right-wing critics have tried to create. But most readers will see it as tasteless and offensive. And we agree," spokesman Bill Burton said in a prepared statement.

Republican candidate John McCain agreed with his rival for the November election.

"I just saw a picture of it on television," McCain told reporters in Phoenix. "I think it's totally inappropriate and frankly, I understand if Senator Obama and his supporters would find it offensive."

REUTERS



The cover of the July 21, 2008 issue of The New Yorker magazine featuring Barack Obama and his wife Michelle. According to the New Yorker, the cover satirizes the use of scare tactics.

## U.K. knife attacks

British Prime Minister Gordon Brown said yesterday that people carrying knives would be "caught, prosecuted and punished" as he defended the government's handling of knife crime following a spate of stabbing deaths.



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## Warrant issued for Sudan's president

**GENOCIDE** The International Criminal Court's (ICC) prosecutor charged Sudan's president yesterday with masterminding a campaign of genocide in Darfur, killing 35,000 people and persecuting 2.5 million refugees.

ICC Prosecutor Luis Moreno-Ocampo asked the court for an arrest warrant for President Omar Hassan al-Bashir, the most senior figure pursued by the court since it was set up in 2002.

The Sudanese leader dismissed the charges and said the ICC had no jurisdiction in Sudan.

"Whoever has visited Darfur, met officials and discovered their ethnicities and tribes ... will know that all of these things are lies," he said.

Sudan will seek support

### history

Bashir is the first sitting head of state charged by an international court since Liberia's Charles Taylor and Yugoslavia's Slobodan Milosevic.

from allies such as China and Russia to get the U.N. Security Council to block any warrant.

Moreno-Ocampo said on top of the thousands killed by Sudan's armed forces and the militia they support, 2.5 million others were subjected to a campaign of "rape, hunger and fear" in refugee camps where he said genocide continued "under our eyes."

"The decision to start the genocide was taken by Bashir personally," he told a news conference.

REUTERS

## Former FARC hostage honoured by France

**MEDAL** Former hostage Ingrid Betancourt received one of France's top honours yesterday and said those who remained captive in the hands of Colombian rebels were probably getting worse treatment because of her rescue.

President Nicolas Sarkozy presented Betancourt with the Chevalier of the Legion of Honour in the gardens of the Elysee Palace, pinning the medal to her dress in a ceremony shown live on

French television.

Betancourt was rescued by the Colombian military

earlier this month after more than six years in the jungle held by the Revolutionary Armed Forces of Colombia (FARC), who still detain hundreds of hostages.

REUTERS



Ingrid Betancourt

### News in brief

**IRAN** President Mahmoud Ahmadinejad hit back at a senior adviser to Iran's top authority who had criticized his "provocative" speeches about the country's nuclear work.

**PRISONERS** Israel prepared yesterday for a prisoner swap with Hezbollah by moving four Lebanese guerrillas in its custody to a holding facility ahead

of tomorrow's UN-mediated exchange.

**WEAPONS** Every year hundreds of thousands of small arms go missing and many wind up in the hands of insurgents in countries like Iraq, Colombia and Afghanistan, a new survey published yesterday said.

REUTERS

## Sarkozy hosts Syrian leader

**PARADE** Syrian President Bashar al-Assad was a guest of honour at France's annual Bastille Day military parade yesterday, sparking a small protest and adding to tensions at the march over job cuts in the armed forces.

Assad, marking a rehabilitation with the West, joined a host of leaders in central Paris for the annual military

review, which followed the launch of President Nicolas Sarkozy's Mediterranean Union project on Sunday.

But his presence angered some army veterans, who suspect Syria played a role in a 1983 massacre of French troops in Lebanon, and was also denounced by human rights groups.

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# Boomers facing cash crunch

Even baby boomers who prune spending when they retire risk outliving their assets as they likely will live longer and experience volatile rates of both inflation and investments, a new study said on Monday.

Almost three out of five

new middle-class retirees will outlast their savings unless they live more modestly after they quit the work force, said the study commissioned by Americans for Secure Retirement.

The oldest among the 77

million baby boomers are the best-prepared, according to the study, done for the coalition by accountants Ernst & Young. Middle-class people now retiring only face an average cut of 24 percent in their standard of living while

those who won't retire for seven years face a 37 percent reduction, it said.

"Many Americans envision a retirement where their lifestyle continues much as before," said Tom Neubig of Ernst & Young.

"Our work shows this is

not a realistic expectation and that, with the current state of savings and potentially very long life expectancies, many retirees will have to cut back far more on expenditures than they had ever expected," he said.

REUTERS



Republican presidential candidate John McCain.

## Drug proposal poses problems

**U.S.** Finding a way to safely let U.S. patients buy cheaper medicines from other countries will pose a challenge for the next president and Congress, a health adviser to Republican presidential candidate John McCain said Monday.

"I won't say that it can't be done, but it obviously is going to be a challenge," Gail Wilensky, adviser to McCain, said.

McCain advocates importation as a way to lower drug prices, as does his Democratic rival, Illinois Sen. Barack Obama. Drug-makers including Pfizer Inc, GlaxoSmithKline Plc and others strongly oppose the practice, arguing it could expose patients to unsafe drugs.

Lawmakers in both parties have supported importation in recent years, but the administrations of Democratic and Republican presidents have said they could not guarantee the drugs would be safe.

The recent deaths of patients given tainted supplies of the blood-thinner heparin made in China highlight the difficulty in ensuring safety measures are followed along the supply chain, Wilensky said.

Critics say drugmakers are fighting importation to protect their ability to charge higher prices in the United States, which does not have the price controls of some other nations.

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## News in brief

**WASHINGTON** Sunday's bold Taliban raid that killed nine American soldiers was no surprise to analysts who have been warning that the U.S. effort in Afghanistan needs more troops, aid and attention. In the latest sign of a marked increase of violence in Afghanistan this year, Taliban insurgents took over a nearby village and used buildings there to launch a complex assault on an outpost near the Pakistan border. Experts have warned that the Taliban have capitalized on a mixture of poor governance and economic hardship in Afghanistan.

REUTERS



**Trina to supply cells for solar-powered plane**

China-based solar cell maker Trina Solar said it would supply nearly 300 photovoltaic cells to France's LISA Airplanes for its Hy-Bird solar and fuel cell powered airplane. LISA Airplanes expects to complete assembly of the plane by the end of 2009. **REUTERS**

9

# Business

## 1M iPhones sold

### Glitches hit launch of device in Canada

**Worldwide sales of Apple Inc.'s second-generation iPhone totalled more than 1 million in its first week-end amid warnings that a slumping global economy could put a dent in overall handset sales this year.**

Research firm Gartner said it has cut its forecast for cellphone sales growth to 10 per cent this year.

In Canada, wireless provider Rogers Communi-



### luring

Some analysts have predicted Rogers will sell as many as 250,000 iPhones in Canada over the next year, luring 100,000 subscribers from other wireless carriers in the process.

cations Inc. said yesterday the launch shipment of "tens of thousands" of

iPhones "sold out in the vast majority of cities across the country."

The iPhone's Canadian launch was bogged down by technical glitches with Rogers' computer systems and wider problems with Apple's iTunes service, which is needed to activate the handset. "Our system was up within an hour of outage Friday," spokesperson Liz Hamilton said.

**TORSTAR NEWS SERVICE**

### Palm unveils new Treo smartphone

**CHALLENGE** Palm Inc. yesterday introduced a high-end Treo mobile phone,

800w, hoping to challenge BlackBerry's dominance.

**REUTERS**

### News in brief

**SOLD** Anheuser-Busch has accepted a \$52 billion US takeover bid from InBev. **REUTERS**

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### Metro offers Workopolis job listings

**ONLINE** Metro Canada has joined forces with Workopolis to provide online career services through its site [www.metronews.ca](http://www.metronews.ca).

The partnership with the online recruiting and job search provider allows job hunters to view regional and national openings at a single website, while local employers will be able to extend their advertising reach across the country.

"This partnership combines the reach of the leading newspaper brand among adults 18-49 and the leading online job site in Canada," Metro Canada group publisher Bill McDonald said. "And it further extends our focus on improving the experience for all of our stakeholders, making Metro the print and online destination for young Canadians."

**METRO NEWS SERVICES**

## Shell to buy Duvernay

**ENERGY** Royal Dutch Shell has agreed to buy Duvernay Oil Corp. for around \$5.9 billion to boost production from prolific unconventional gas holdings.

Shell made a cash offer of \$83 a share, 42 per cent above Duvernay's Friday closing price of \$58.44. The

offer was unanimously accepted by Duvernay's board.

Duvernay has 1,800 sq km of land holdings, mainly in the Montney region in British Columbia and in Alberta's Deep Basin, areas Shell hopes to add to its portfolio of tight gas interests.

**REUTERS**

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## Play by new mortgage rules

Q Since completing university five years ago, I have rented an apartment. I earn a decent salary but have saved less than \$10,000 dollars that I would like to use as a down payment for a home. Some new condos are being built not far from my apartment with prices around \$300,000. Should I buy now before the new mortgage rules come into effect?

-ANDREW, TORONTO

A Starting October 15th, 2008, home buyers will no longer be able to buy a home with nothing down or take out a government-backed, 40-year mortgage. Thirty-five-year mortgages with five per cent down will continue to be available. Ottawa hopes Canada will not follow the real estate meltdown experienced by

## MoneyMatters

Henry Choo Chong

choochonghcg@yahoo.ca

our southern neighbour.

Currently, individuals could purchase a home with as little as nothing down and have the entire cost insured with the Canada Housing and Mortgage Corporation (CMHC) or Genworth Financial Canada. Of course, nothing is free. CMHC charges 1-3.5 per cent of the principal amount that is added to the mortgage.

Talk to a bank mortgage specialist or independent broker to help with making your decision.

Henry Choo Chong, CGA, provides accounting and taxation solutions. E-mail: MoneyMatters: choochonghcg@yahoo.ca.

## SmartCookies



www.smartcookies.com

A After last week's season finale of The Bachelorette, most of us burned through a month's worth of phone minutes in one night. Jason versus Jesse, Jesse versus Jason ... the drama!

But whether it's dishing about celebrity gossip or dissecting your most recent date, we are all guilty of spending hundreds, even thousands of dollars on phone bills.

Even with major phone companies dropping their rates every year, we still seem to burn through minutes any given month. Well, thanks to modern technology, you might not even have to spend a penny to talk to people across

the country.

We wanted to lay out some options you have at your fingertips — literally — on how you can stay in touch and still be a Smart Cookie.

## Skype:

For us, this is Numero Uno. Skype is by far the most popular and widely used VoIP program (for those technically challenged, like we were, that stands for Voice-over-Internet Protocol) with millions of people online at a time! With Skype's free software that works seamlessly with your Internet connection, you can chat away with free Skype-to-Skype calls and never worry about cost, time or distance. Skype allows you to have a videoconference (we love this!), a phone call, or a chat with anyone on your contact list.

## Google Talk:

Of course Google has a VoIP service as well. Used mostly as a chat platform, Google Talk is popular among Google fanatics and



Stay in touch with pals but don't pay a fortune for it.

those with a Gmail account. Google talk is built into Gmail. This makes it easy to see when another Gmail user on your contact list is online for a chat. With the release of the Google Talk gadget, users of all platforms supported by Adobe Flash Player can now use Google Talk.

## Gizmo:

Like Skype, Gizmo also offers free software and free calls to all other Gizmo users. The interface is very user-friendly and the company claims it's "as simple as instant messag-

ing". A bonus to this service is the All Calls Free plan, which allows Gizmo users' landlines and mobile phones, not just their computers.

## Yahoo! Voice:

This is simple and free PC-to-PC calling software like Windows Live Messenger. Similarly, the free calls must be made to other active Yahoo! Voice members. So those of you who are already familiar with the Yahoo! Instant Messenger system should feel right at home with the application. Since there are already so many Yahoo! IM users, this may be a great place to begin experimenting with VoIP technology.

If you have a favourite Smart Cookie way to communicate, we'd love to hear it! Send comments and questions to us at [smartcookies@metronews.ca](mailto:smartcookies@metronews.ca).

Tune in Wednesday night at 9 p.m. EST/PST on the W Network and be sure to visit [smartcookies.com](http://smartcookies.com) for more tips.

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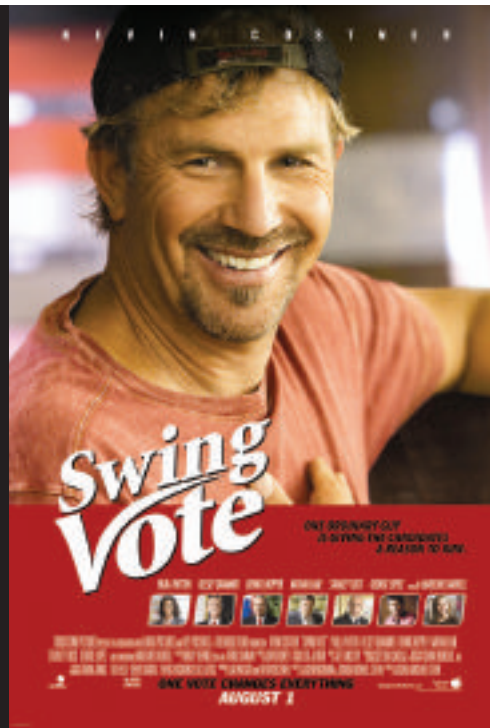
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**Security**

Police need to improve their methods to make sure security checks are "civilized," China's top security official said. **REUTERS**

# Beijing Games

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONWS.CA

HU XUEBAI/CHINA OUTPOST



Armed police for the special Olympic road lanes hold a ceremony in a police station in Beijing last week.

## Felicien gives up on Games bid

**ATHLETICS** Perdita Felicien has pulled the plug on her attempted comeback for the 2008 Beijing Olympics.

The 28-year-old Pickering hurdler, who hasn't been able to compete since injuring her foot during training last February, is expected to make the announcement official today.

Felicien had been conditionally named to the Canadian Olympic team for Beijing.

## Chambers verdict set for Thursday

**ATHLETICS** British sprinter Dwain Chambers will have to wait until Thursday to find out whether a High Court challenge against his Olympic ban has been successful.

The British Olympic Association confirmed yesterday they had asked for the hearing to be put back from tomorrow to Thursday so its chairman Colin Moynihan can attend.

## World champs dominate team

**ATHLETICS** An athletics team featuring 15 Olympic medallists, 31 world championship medallists and 10 U.S. record holders will represent the United States.

The 126-member squad includes Olympic gold medallists Jeremy Wariner (400m) and Shawn Crawford (200m), and world champions Tyson Gay, Bernard Lagat, Allyson Felix (women's 200m), Brad Walker (pole vault), Reese Hoffa (shot put) and Kerron Clement (400m hurdles).

## Spectator banners banned in China

**POLITICS** Beijing has advised spectators coming to the Games to leave their banners at home, even if they do not contravene rules forbidding the airing of political or religious views at venues. **METRO NEWS SERVICES**

# Keeping quiet

Canada's Olympians trying to stay out of debate on human rights in China

**MATTHEW WUEST**  
Metro Canada

**If you're waiting for one of Canada's Olympians to take a stand on China's human-rights record, don't hold your breath.**

It's not that the Canadian Olympic Committee has issued a gag order, as Britain has done with its athletes. It's just that Canadians are trying to stay focused on the task at hand — representing their country at the Games in Beijing — and getting caught up in politics will only serve as a distraction.

"It's a monumental task to win a medal and it requires everything you've got," Olympic sailor Lisa Ross said. "Mentally, it's such a huge task. Any athlete that has hopes of medalling, but gets caught up in other things ... It won't happen for them."

Without a doubt, it's the quiet leading up to the Games.

About the only people

taking a firm stance on issues in China are former athletes, such as retired figure skater Elvis Stojko, a two-time silver-medallist at the Winter Olympics. He suggested Canada's Olympians consider a boycott of the Games, saying they should think twice before going to Beijing.

Olympic double-medallist Adam van Koeverden responded by saying Stojko wouldn't be so vocal if it was his Olympics, and based on the prevailing silence, he could be right.

"I haven't heard it from anyone attending the Olympics now, and that seems to be kind of the vibe, to me," canoeist and first-time Olympian Andrew Russell said. "All of the athletes who have trained so hard to get to this stage don't want to jeopardize the opportunity to succeed at the Olympics."

The mere mention of human-rights issues in an interview causes Olympians to choose their words care-

**"Any athlete that has hopes of medalling, but gets caught up in other things ... It won't happen for them."**

Lisa Ross, Olympian

fully. Some fear being misquoted or having words taken out of context, others worry an innocent comment might make national headlines.

"You don't want to have the attention from what you're trying to accomplish shift toward your attitude toward human-rights violations," Russell said. "That's not to say athletes are not concerned and up-to-date on world issues, I just don't know if it's really the best forum for dialog on this sort of thing."

Ross, a Lunenburg, N.S., native who competed in the Athens Olympics four years ago, already spent almost three weeks in June at a training camp at

TARA WALTON/FOREST NEWS SERVICE



Olympic medallist and champion figure skater Elvis Stojko has suggested Canada's Olympians consider a boycott of the Games.

the Olympic sailing site in Qingdao, more than 500 kilometres away from Beijing.

Based on what the 31-year-old has seen so far, she doesn't expect China's social issues to reach a point where they cause unrest for athletes competing at the Games.

"Most of our team feels very comfortable there," Ross said. "The people and the volunteers have always been extremely helpful and welcoming, and we always get the sense they will do anything they can for it to go off without a hitch."

"I have no doubt that it will."

## Tomorrow's lineup

**FIELD OF DREAMS** For field hockey-playing brothers Anthony and Philip Wright, the Olympics are a family tradition stretching back to 1932. Read tomorrow's Metro for more.

**23** days remain until the official start of the 2008 Summer Olympic Games in Beijing.

The Toronto Maple Leafs acquired forward Ryan Hollweg from the New York Rangers yesterday in exchange for a fifth-round draft choice in 2009. Hollweg had four points in 70 games last season. **METRO NEWS SERVICES**

# Sports

SPORTS EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONWS.CA



## Nolan out as Isles coach

The New York Islanders have parted company with coach Ted Nolan, left, citing "philosophical differences," the team said in a statement yesterday. Nolan took the Islanders into the playoffs in his first of two seasons in charge but the team disappointed last season and the coach leaves with a year remaining on his contract. **Reuters**

# West is clearly best in CFL so far

Clean sweep in Week 3 shows balance of power tipped strongly in one direction

## YorkReport



Three weeks into its regular season, the CFL has established these two irrefutably pertinent facts: First, West is best. And, second, higher scoring is much less boring.

Unlike the past few seasons, CFL games have been mostly entertaining this season, chiefly because of a scoring increase. The eight teams have produced 633 points combined in the first three weeks of 2008, compared with 578 after three

weeks last season.

The difference has been palpable. The theory within the CFL is that redesigned offences are beginning to outsmart defences.

Still, the balance of power remains lopsided. It is clearly tilted in the direction of the Western teams, who punctuated their superiority last week by recording a clean, four-game sweep over their Eastern counterparts.

None of the Western teams is winless this season. In the East, however, only the Montreal Alouettes (2-1) have a winning record. And the Winnipeg Blue Bombers have deteriorated into the Loserpeg Blue Bombers at 0-3. Coach Doug Berry already is in jeopardy of losing his

## scoring on the rise

In the higher-scoring CFL, only three teams — the Toronto Argonauts, Winnipeg Blue Bombers and B.C. Lions — have scored fewer points in their first three games this season than after their first three in 2007. Here are all eight teams' scoring totals after the first three games in both years:

	2007	2008
Montreal Alouettes	59	90
Hamilton Tiger-Cats	34	70
Toronto Argonauts	100	64
Winnipeg Blue Bombers	86	64
Saskatchewan Roughriders	77	93
Calgary Stampeders	60	82
Edmonton Eskimos	67	94
B.C. Lions	95	76

job, largely because his finger-pointing style has alienated several of his players — to the point where they've privately gone to management with complaints.

Berry insists he won't give up on his ways or on his slumping No. 1 quarterback — Kevin Glenn. Not yet, anyway.

At the other end of the spectrum are the undefeated

Saskatchewan Roughriders (3-0), and this wasn't supposed to happen. Not with Ken Miller coaching instead of Kent Austin, who abandoned Saskatchewan after last season for an assistant-coaching position in U.S. college football. And not without quarterback Kerry Joseph, who was chosen the CFL's top player last season after leading the Riders to the Grey Cup championship.

Although undefeated, the Riders continue to have their detractors, including their former all-star QB and coach.

"Saskatchewan is supposedly the best team in the league," said Ron Lancaster, a radio analyst these days for the Hamilton Tiger-Cats,

"but I don't see any difference between them and us."

Lancaster's comment came after the Ticats blew their lead in the dying seconds of a wildly exciting game against Saskatchewan Saturday in Hamilton. The Ticats are 1-2, like the Toronto Argonauts, who are plunging downhill with Joseph as their QB and with Rich Stabler as their coach.

And, if the Argos continue to struggle, don't be surprised if Michael "Pinball" Clemons is persuaded by the club's owners to return as coach and to relinquish his front-office duties temporarily.

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

## Sports in brief

**NHL** The Washington Capitals have re-signed centre Sergei Fedorov to a one-year contract. Terms were not disclosed. Fedorov was acquired by the Capitals from Columbus at last season's trade deadline in February and notched two goals with 11



Fedorov

assists for 13 points in 18 games after the deal. The 38-year-old finished last season with 11 goals and 30 assists for 41 points in 68 games.

**MLB** Cleveland Indians left-hander Cliff Lee was picked as the American League's starting pitcher, while the Milwaukee Brewers' Ben Sheets was handed National League honours for tonight's All-Star Game, their respective managers announced yesterday.

**CYCLING** The day after almost crashing out of the Tour de France, Cadel Evans kept his rivals at bay to take command of the race yesterday. The Australian holds a one second lead on Luxembourg's Frank Schleck. **METRO NEWS SERVICES**

## Canadian Morneau steals all-star derby title

**Canadian slugger Justin Morneau made off with the trophy at the All-Star Home Run Derby last night, but Texas' Josh Hamilton stole the show.**

Hamilton set an all-star derby record by belting 28 homers in the first round to win a standing ovation from a crowd of 53,716 at Yankee Stadium.

Hamilton, a centre-fielder for the Rangers, eclipsed the 24 homers slugged by then-Philadelphia Phillies outfielder Bobby Abreu, now with the Yankees, during the first round of the 2005 contest.

The 27-year-old Hamilton, a 1999 top draft pick who overcame drug and alcohol problems to reach the majors last season, cracked 13 homers in 13 successive swings late in his turn and bashed three towering drives measured at more than 500 feet.

Morneau, a native of New Westminster, B.C., hit just eight in the first round and nine in the second



Minnesota Twins slugger Justin Morneau shows off his new hardware after the 2008 MLB All-Star Home Run Derby last night at Yankee Stadium. The New Westminster, B.C., native won the title by defeating Texas Rangers star Josh Hamilton 5-3 in the final.

round to reach the final. But Hamilton couldn't

keep up his momentum in the final and managed just

three home runs to Morneau's five.

**METRO NEWS SERVICES**

## SCOREBOARD

### MLB

**LAST NIGHT**  
All-Star Home Run Derby  
(Justin Morneau wins 5-3 over Josh Hamilton in final)

**TONIGHT'S GAME**  
All-Star Game (at New York)  
National League vs. American League, 6

**TOMORROW**  
No games scheduled

**THURSDAY'S GAMES**

**AMERICAN LEAGUE**

Detroit at Baltimore, 5:05

**NATIONAL LEAGUE**

N.Y. Mets at Cincinnati, 5:10

San Diego at St. Louis, 6:15

Pittsburgh at Colorado, 7:05

### CFL

**WEST DIVISION**

W L T GB

Saskatchewan 3 0 0 6

Edmonton 2 1 0 4

CALGARY 2 1 0 4

B.C. 1 2 0 2

**EAST DIVISION**

W L T PTS

Montreal 2 1 0 4

Hamilton 1 2 0 2

Toronto 1 2 0 2

Winnipeg 0 3 0 0

**WEEK 4**

**THURSDAY'S GAME**

Hamilton at CALGARY, 7

**FRIDAY'S GAME**

Winnipeg at B.C., 8

**SATURDAY'S GAME**

Montreal at Saskatchewan, 5

**SUNDAY'S GAME**

Edmonton at Toronto, 2



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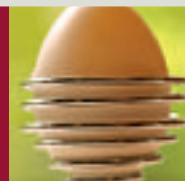
**Salt intake**

A whopping 77 per cent of the salt we consume comes from processed and restaurant foods, according to Statistics Canada. **ALIVE MAGAZINE**

**13**

# Your Health

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA



## Satisfying munchies

Snacks high in protein are the way to go for a mid-day boost, says Halifax-based dietitian Pam Lynch. "A hard-boiled egg, cottage cheese with fruit, yogurt and granola are all healthy snack options. Just make sure you're eating the right portion for you."

NEWS CANADA

# Repair, regenerate

Food makes up integral part of body's healing process

**BRIAN TOWIE**  
Metro Canada



**While an apple a day won't keep a broken leg away, a balanced diet can help your body repair itself.**

Food makes up an integral part of the healing process, rehabilitating torn muscles and restoring energy.

Keep key components in mind on the road to recovery, says Jennifer Gibson, dietitian for the Sports Medicine Council of British Columbia and the Vancouver Whitecaps soccer club: Stay hydrated, eat high-quality proteins, don't ignore fruits

and vegetables, and ensure you get poly- and mono-saturated fats.

Gibson advises you should drink three to four litres of water or diluted juices a day, depending on your size, in order to flush out the toxins your body accumulates.

"Dehydration interferes with your thought process first, followed by fatigue, dizziness, cramps and possibly collapse," she said.

Also consider the adage of "an ounce of prevention," says registered dietitian Beth Mansfield of Ottawa fitness club Peak Performance. Failing to drink water and eat carbs before strenuous activity can ultimately

result in injuries.

"What you need to look at is how you get to that point," she said. "Intense muscular movement can lead to pulling and tearing if you don't take significant carbs and you don't hydrate, particularly towards the end of a game."

Next, you'll want to look at high-quality proteins. Nutritionists say you need at least 0.8 g of protein per kilogram of body weight every day just to stay alive, and more to heal. All of these sources contain antibodies and help to rebuild torn and pulled muscles.

"Essentially, you're breaking off the bonds, the satellite cells, off the protein,

and then your body realizes there's a deficiency. Your body asks, 'How do I make that part of me stronger?'" said Jason Kastner, fitness director at the Yorkville Club in Toronto. "When you have energy from carbs, your body is going to work in what's called protein synthesis, when you build back that muscle or torn tissue."

That doesn't mean you can scarf down big, greasy burgers by the dozen, Kastner says. Select your protein from reliable sources such as chicken, fish, lean red meats, eggs, whey protein powder and soy products (veggie ground round and tofu for vegetarians and vegans). For carbohydrates,



A balanced diet can help your body repair itself, experts say.

choose whole grain breads, brown rice, quinoa millet, barley or brown rice.

Vegetables and fruit often and mistakenly go ignored while healing, says Gibson. She advises at least two cups of orange (carrots) and dark green (broccoli or ro-

maine lettuce) vegetables for lunch and dinner, with three to five servings of fruit per day, depending on size. Consider smoothies as a quick, easy answer for your body's need for fruit among other nutrients, says Mansfield.

# Healthy dining possible

## Alive

Do certain stimuli make you reach for food, even though you might not be hungry at the time? Do you eat as an emotional response? What triggers this reaction?

Here are some healthy suggestions to help you create an effective nutritional lifestyle.

### Eat whole foods

Pay attention to where your calories come from and not just how many you are consuming. Foods that are high in refined sugars, including many packaged and refined foods, cause our blood sugar levels to rise and fall abruptly. Rapidly dropping blood sugar levels create cravings for the same foods to bring these levels back up.

Whole foods are foods in their natural state (nothing added, nothing removed) that supply complex carbohydrates, help regulate our blood sugar levels, and reduce those cravings.

A balanced diet should include a variety of whole foods.

We are most active during the day, so make breakfast and lunch hearty, protein-based meals; focus dinner selections on com-



When dining out, don't be afraid to request healthier substitutions, such as extra vegetables.

plex carbohydrates to lessen the digestive load while sleeping.

Eat a mid-morning and mid-afternoon snack to keep the metabolism active. Raw vegetable sticks and unsalted raw nuts and seeds make great snack choices as they are rich in vitamins, minerals, and beneficial enzymes.

Fresh fruit, half an avocado, low-fat yogurt or kefir, and salsa and organic corn chips are also satisfying choices. Remember, no snacks after dinner. The body needs to spend its energy on rest and repair, not digestion.

### Dining out

Most restaurant kitchens

are happy to please, so don't be afraid to request substitutions; it's your food dollar and they all compete for it.

Ask for extra vegetables, or to hold the salad dressing, or for olive oil and vinegar or a wedge of lemon instead. Order your fish or chicken grilled, baked, or steamed.

Introduce variety into your diet by exploring different ethnic cuisines, spices, and condiments. For example, one teaspoon of balsamic vinegar has only five calories, but the flavour it imparts is without measure!

alive is Canada's award-winning natural health and wellness magazine; alive.com.



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# Fertility foods

CELIA MILNE  
for Metro Canada



**PREGNANCY.** Could the low-fat craze be stopping some women from getting pregnant? It's possible. This and other nutritional surprises are found in a new book called *The Fertility Diet*. Far from just another fly-by-night diet book, this book is written by two experts from Harvard University in Boston who have been studying nutrition and fertility for decades.

Drs. Jorge Chavarro and Walter Willett pored over findings from the Nurses' Health Study II — one of the longest-running studies ever of women's health factors — to find out what kind of diet best boosted fertility. There



New book, *The Fertility Diet*, recommends beans, full-fat dairy products, and whole grain bread as foods that can aid conceiving.

were 18,000 nurses in the study. Indeed, researchers found that whole fat dairy products protected against a common type of infertility called ovulatory infertility. The source of protein is important too: Nuts and beans appear to enhance fertility while red meat decreases it. And another surprise: Intense exercise boosts fertility.

"What we learned from this study is that these simple lifestyle changes can actually reduce the risk of experiencing infertility when it's due to ovulatory disorders, one of the most common causes of infer-

tility," said Dr. Chavarro in an interview.

While following the nutritional guidelines in the book won't guarantee that a woman will conceive, it does increase her chances.

- Avoid trans fats
- Use more olive and canola oils
- Cut back on red meat
- Eat more beans and nuts
- Choose whole grain rather than white bread
- Eat or drink full-fat dairy products
- Take a multivitamin containing folic acid

HineSight

Anne Hines



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## Set goals, no matter how unrealistic

A terrible thing happened to my friend Rob. He hit a good golf shot. Rob loves golf. He watches it, reads about it, gives advice on how to play it and, once a year, he even gets out to try a round.

Rob is a very consistent golfer. Every shot goes into a flowerbed, over a ravine or out into the parking lot, where it lodges itself in someone's windshield wiper. Rob stomps, swears, says he's putting his clubs on eBay and that other golfers and their vehicles are safe for another year.

Yesterday, however, Rob's ball soared, arced, landed with a perfect bounce, rolling to a mere three feet from the hole where Rob tapped it in with only four tries. The result was obvious. Rob's now convinced he should

become a pro golfer.

I'm all for having dreams and goals. My own goal is usually "to make it through the day." When I set the bar higher it's "to make it through the day, sane." I have a fitness, power-walking goal that is: "to get through my route that involves passing two Tim Hortons and a Starbucks without consuming more calories than I burn."

Rob dreams bigger. He thinks he might open a winery in his backyard, even though the growing season where he lives is six and a half minutes. He planned to audition for Canadian Idol. Apparently "able to carry a tune" is just a guideline. And, he's thought of opening an addiction counselling service for men who buy tools they don't actually know the use of. Actually, that one might work.

Some experts insist that men are bigger risk takers than women. I don't buy it. If there weren't women prepared to take major risks, my younger brother, David, would never have got a date. Women boldly buy the latest clothing styles regardless of the fact that they may be out of fashion before we get them home.

I'll keep believing life can be peaceful, even if most days I don't quite achieve it. And, if Rob never takes on Tiger Woods, at least he's had a few happy moments imagining it could happen. Because when it comes to goals and ambitions, what matters isn't how big or small we dream. Just that we do.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

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**Iron Man's New Wheels**

Robert Downey Jr. is cruising around Hollywood in a new \$200,000 US Bentley — a gift to him from movie bosses because of the success of Iron Man. The movie has earned more than \$500 million worldwide. [IMDB.COM](http://IMDB.COM)

**15**

# Entertainment

EDITOR: TINA COSTANZA, [TINA.COSTANZA@METRONWS.CA](mailto:TINA.COSTANZA@METRONWS.CA)**New Number**

Kate Hudson has beaten out Sienna Miller and Anne Hathaway for the role of Stephanie in *Nine*, the movie version of the Broadway musical, starring Daniel Day-Lewis. [PAGESIX.COM](http://PAGESIX.COM)

## First lady of French pop

Carla Bruni takes on critics as she braces for reaction to new album

AURÉLIE SARROT  
Metro World News

**Take your best shot: criticize her music and lyrics, but don't criticize France's first lady, Carla Bruni, as someone manipulated by the presidency.**

Bruni croons about drugs and lovers on her new album, her third, *Comme si de rien n'était* (As If Nothing Happened), despite being married to one of the world's most powerful men, Nicolas Sarkozy.

"There is no censorship in France. We live in a very democratic country," the former model said in her Parisian home. "The presidency does not intervene

in my artistic life or in my media life. Every time I communicate, like I did after the wedding, I'm absolutely free. I think it's a little misogynistic to think that I'm manipulated by the presidency."

Bruni finds what media targets for criticism a bit strange.

"That said, I don't care about being attacked for my music or my lyrics. I find it quite natural," said Bruni, whose album is in stores today. "But being attacked because I'm in love with my husband, I find that a little strange."

Listeners shouldn't expect a lot of revelations about her married life on her album — she's still a

newlywed, after all, having said "I do" on Feb. 2 — and many of the songs were written before her marriage,

Bruni said, like the first one, *Ma jeunesse* (My Youth).

"I refuse to grow old,"

she said. "It's something that worries me a little. It's the fact that I can't fight it that bothers me. That's why I play a lot of sports. But in the end, time will win the battle, you know."

For now, Bruni is pretty much staying put, except for a vacation in the Lavandou region of France next month, choosing to promote her album via television appearances.

Carla Bruni  
GETTY FILE**lawsuit****Carteris sues over choking scene**

Carteris

**PEOPLE** Former Beverly Hills 90210 star Gabrielle Carteris has filed a lawsuit in B.C. Supreme

Court alleging a choking scene she filmed in *Langley* turned too real.

Carteris, who played Andrea Zuckerman on the show, said injuries she suffered on the set of the 2006 made-for-TV film, *Past Tense*, left her with debilitating facial spasms.

According to *msnbc.com*, Carteris is suing producers for placing her in "unreasonable risk of physical harm" and not properly coaching actor Adrian Hughes, who was scripted to choke her at knifepoint.

METRO CANADA

## Brother backs Madonna marriage

**PEOPLE** Madonna's brother has said his sister would work hard to maintain her marriage to film director Guy Ritchie, BBC News Online reports.

Christopher Ciccone, who has written a book about the pop star, made the comments on ABC.

"She's not the type of person just to walk away," he said, referring to reports that the couple's eight-year relationship was on the rocks.

Ciccone also said he "doubted" reports Madonna was dating baseball player Alex

Rodriguez.

Earlier this month, Madonna's spokeswoman denied speculation that the 49-year-old singer and Ritchie were preparing to divorce.

She also denied Madonna was dating New York Yankees player Rodriguez, 32, who recently parted from his wife.

Madonna  
GETTY FILE

Asked about the rumours, Ciccone said: "I believe that she will do what's best for her family and her kids, and I think that she'll do her best to maintain the marriage and keep it going."

He told the Good Morning America programme it was "highly unlikely" his sister was responsible for splitting up Rodriguez's marriage, adding the claims seemed "absurd".

"First of all, despite everything else, she's still a Catholic girl and I don't think... although he is kind of her type, so it's difficult to say," Ciccone said.

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CBC  
HOMERADIO



**Tell-all?** Raquel Welch, left, is set to reveal all about her life in a new memoir, tentatively titled *Secrets Of Timeless Appeal*. Sources say the book will lift the lid on her relationships with actors Warren Beatty, Sean Connery and Richard Burton, and rocker Alice Cooper. **IMDb.COM**

# Contestants feeling the heat

Canadian Idol's Top 10 hopefuls start to sense competition amongst friends

**SANDY CAETANO**  
sandy.caetano@metronews.ca



**Making it to the Top 10 of Canadian Idol is an accomplishment for contestants, but as the excitement increases, so does the pressure.**

In wake of watching people who have become friends be eliminated from the competition, those remaining are dealing with the pressure of moving forward.

"The vibe has definitely shifted as we move towards getting settled, in that this really is a contest and peo-

ple are kind of dropping like flies," says Toronto's Sebastian Pigott, 25. Mitch MacDonald, 22, from Port Hood, N.S., agrees. "We're all a bit nervous about who's going to go home because the competition is tight, and you really just don't know who's going to be here at this stage," he says. On the other hand, there is a combination of mixed emotions amongst the finalists.

"It's super busy, you really feel what it's like to constantly be performing ... you're just constantly thinking about the next performance, but it's well worth it

for sure," says 23-year-old Earl Stevenson, from Lloydminster, Alta.

"I think everyone just tries to not think about [elimination night] and to just have a good time while we're here, and focus on the music," says Toronto's Mookie Morris, 18.

But finding out they made it to the Top 10 left some like Drew Wright at a loss for words. "It was a great feeling, it was kind of indescribable really, it's amazing," says Wright, 28 from Collingwood, Ont. "It's really nice to know you have

that support ... it's good to know that Canada has faith in me."

"I'm from such a small town, so I'm not used to just getting this type of exposure," says Theo Tams, 22, Lethbridge, Alta. "That's what it's all about for me at this point, is just having people see me and seeing what I can do."

Hamilton, Ont.'s Adam Castelli says he was preparing himself for the worst — either way he would be proud of how far he had made it. "There was a lot of surprises that night and throughout this whole

thing," says, Castelli, 26. "There's just no way you can control this, you perform as great as you wanted and that still might not be enough."

No matter what happens, Canadian Idol opens many doors so it's what you do with those opportunities that makes all the difference.

"Of course I want to pursue music," says Mark Day, 20, from Portugal Cove-St. Philips, Nfld. "If I am the one voted out this week I just have to keep shooting for what I want, but hopefully I don't have to worry about that this week."

This year's Top 10 round is made up of two women and eight men, and for Amberly Thiessen and Katherine St-Laurent it's been nothing but enjoyable.

"It's interesting, I'm actually enjoying it, I think it's kind of fun ... everyone here is very talented," says Thiessen, 19, from Seven Persons, Alta.

"It's been exciting, it's been something new every week, I've been performing every week trying to do my best and we're all having fun and I think that's the most important thing," adds St-Laurent, 17, from Otterburn Park, Que.

## ABC, FX tops with gay rights groups

ABC and U.S. cable channel FX have been ranked the most gay-friendly networks by a gay-rights group.

At the other end of the scale, NBC, Fox, A&E, Spike, TBS, USA Network and TNT all received fail grades from the Gay & Lesbian Alliance Against

Defamation (GLAAD).

The second annual GLAAD Network Responsibility Index examined 4,911 hours of primetime programming on the several major networks.

The index sought to gauge the quantity, quality and diversity of images of lesbian, gay, bisexual and

transgender people on television.

Eight of the networks were given passing grades.

ABC — led by *Brothers & Sisters*, *Desperate Housewives* and *Ugly Betty* — was given a grade of "good" with the highest score among broadcasters. The report said 24% of

ABC's programming hours was considered inclusive.

Among the cable networks evaluated, FX (45%) came out on top, mainly thanks to *Nip/Tuck*.

None of the evaluated networks earned the survey's top ranking of "excellent."

REUTERS

## Emmy nods due Thursday

Every year, critics bemoan the fact that the best examples of quality television are trampled beneath the boots of shows watched by the masses. It's an annual struggle of highbrow expectations versus perceived lowbrow mass media, with the winners determined in just one night — during the Primetime Emmy Awards on Sept. 21. Nominations will be announced on Thursday.

But this year, critics are optimistic, noting that the Hollywood writers strike sidelined many series and gave some lesser-watched programming a wider audience. The Hollywood Reporter tracked down TV critics for a sampling of their Emmy prognostications.

**ED BARK, WRITER, UNCLEBARKY.COM**

Drama series picks: *Pushing Daisies* and *Lost* (ABC), *Friday Night Lights* (NBC). "Among the new series, *Pushing Daisies*, if it's entered as a drama, will likely get nominated. Hopefully, the beneficiary of this lacklustre year will be *Lost*, which has really been overlooked by the academy. *Friday Night Lights* absolutely, positively should be nominated. There is long-overdue recognition for that series."

**RICK KUSHMAN, THE SACRAMENTO BEE**

Comedy series picks: *The Office* and *30 Rock* (NBC), *Breaking Bad* (AMC), *Curb Your Enthusiasm* (HBO),

*Two and a Half Men* (CBS), *Weeds* (Showtime).

"Comedy is tougher because this is the era of great dramas, and comedies are iffy. The two obvious choices are *30 Rock* and *The Office*. *Curb Your Enthusiasm* is always a contender for all kinds of reasons. *Two and a Half Men* is probably going to get nominated. It is a big, broad comedy, which is the kind of thing the academy seems to respond to."

**DAVE WALKER, NEW ORLEANS TIMES-PICAYUNE**

Lead drama series actor picks: Jon Hamm (*Mad Men*, AMC), Clark Johnson (*The Wire*, HBO).

"Jon Hamm gave a very consistent performance in *Mad Men* and delivered just some incredible moments in that show. The whole show was able to access a moment in time so accurately and with incredible fidelity, and I think his performance had an awful lot to do with that. The actors on *The Wire* are a little trickier because it is such an ensemble. I would love it if Clark Johnson got two nominations for his role as the city editor; he just occupied that guy so fully."

REUTERS

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Richard Leger  
MD, FRCSC



## Casting couch

NBC's Chuck has recruited actress Jordana Brewster, right, to play a love interest for Zachary Levi, executive producer Josh Schwartz has confirmed. EW.COM



## Ed fights for affordable housing

**PEOPLE** Hollywood star Edward Norton is leading a campaign to create more affordable housing in his New York neighborhood, according to *imdb.com*. The million-aire Fight Club star is appearing in TV and radio advertisements asking residents of the city to welcome new developments in their areas. Norton, who lives in Manhattan's Greenwich Village, has long been associated with the Enterprise Community Partners, founded by his grandfather.

METRO NEWS SERVICES

## Vivica defends Jessica Simpson

**PEOPLE** Actress Vivica A. Fox has defended her friend Jessica Simpson after Pamela Anderson insulted her on a radio show, according to *imdb.com*. Anderson branded Simpson a "bitch and a whore" after the actress wore a T-shirt promoting meat.

But the former Baywatch actress later insisted her comments, made on an Australian radio show, were meant in jest. However, Fox defended Simpson's love of meat in footage posted on celebrity website *TMZ.com*. She says, "Jessica eats real meat. Pam I love you, but don't go talking about my girl. She is the baddest bitch on the planet."

METRO NEWS SERVICES

## Ed Helms lands lead feature role

**FILM** Ed Helms of The Office fame and Bradley Cooper are headed for a Hangover. They are in final negotiations to star in director Todd Phillips' bachelor-party comedy, about three friends who lose the groom at their Vegas fandango two days before the wedding. The third lead role has yet to be cast for the Warner Bros. film.

The project marks Helms' first lead feature role to date. The Daily Show and Office veteran is currently in theatres with the Eddie Murphy bomb Meet Dave.

REUTERS

# A love built on public insults

## IntelleVision



rick.mcginis@metronews.ca

**Splittville:** Jimmy Kimmel and Sarah Silverman have broken up, according to a story on Vanity Fair's celebrity blog, with confirmation from their respective representatives, adding that "Jimmy and Sarah have and will have no further comment."

OK, so it's not like we all didn't think Kimmel was battling well out of his league with Silverman, for whom he left his wife of 14 years almost six years ago, after meeting Silverman at a Hugh Hefner roast at which she said Kimmel was "fat and has no charisma." When you build your love on that kind of feeling, how can you go wrong?

In the end, Kimmel and Silverman have proved that a loving couple can



Comedian Sarah Silverman and TV host Jimmy Kimmel attend an event in North Hollywood in April. The pair have reportedly split.

rip on each other, belittle each other's primary and secondary sexual characteristics, and produce competing videos trumpeting fictional but still unsavoury affairs in the service of a fake celebrity rivalry that go viral internationally and, well, still flame out like a couple of kids breaking up at the end of summer vacation.

**Really big:** Six years ago, reality television was supposed to have reached a zenith with the announcement that 49 new reality shows would be hitting the

air. This year, according to a Washington Post story, 172 new reality shows will debut, 32 alone on regular broadcast networks and a whopping 140 on various cable channels.

"Reality is no longer alternative programming. In fact, it is the cornerstone of modern television, like it or not," said David Lyle, head of Fox reality programming at a Friday session of the summer TV press tour. The Post's TV critic, Lisa de Moraes, makes her feelings clear by adding "or not" at the end of this brief item, and her readers generally

**Kimmel and Silverman proved a loving couple can rip on each other, belittle each other's primary and secondary sexual characteristics ... and still flame out like a couple of kids breaking up at the end of summer vacation.**

respond in kind, bemoaning the dumbing down of America and adding that it's "all dreck, even Public Television for the most part." (Obviously Post readers have never had to suffer through the vast blaring weirdness of Japanese TV programming, or what passes for adult variety shows in Italy or Spain.)

One reader, however, responds with a more far-sighted perspective. "Longing for the great comedy of Three's Company? I Love Lucy? There's plenty of intelligent TV airing ... you just have to be intelligent to find it," writes Dan.

It's fun and even fashionable — still, after all these years — to moan about reality TV as if it's a full-colour digital loboto-

my beaming straight into your living room. While that might be a fair description of dozens of shows, many of which flame out after brief periods as cultural sensations, the fact is that the genre is polymorphous, absorbing the DNA of game shows, sitcoms, variety programs, documentaries, cooking shows and news programming, and has spread like kudzu or zebra mussels mostly to fill the endless empty hours created by new cable channels and failing old school program genres. And besides, the people making the most appalled attitudes about reality TV are very likely hiding TiVo caches of Tila Tequila and Survivor.

Rick McGinnis writes about music, movies, books and television, but not opera.

## critics' corner

### The Cleaner

No, this isn't about a maid ... or a vigilante. William Banks (Benjamin Bratt), the "Cleaner" of this new drama series' title, is an "extreme interventionist," a recovering addict who now devotes his life to helping other people kick their addictions. His team includes the jovial Damell (Kevin Michael Richardson), fiercely independent Akani (Grace Park) and quirky Arnie (Esteban Powell). Amy Price-Francis also stars. 8 PM on A&E



### UFOs: The Secret History

Strictly a highlight for those who believe in UFOs and conspiracy theories involving UFOs, this new special takes believers back to the earliest sightings and requisite supposed government cover-ups. And of course there is plenty of eyewitness testimony. This program is part of History Television's UFO Week. 2 PM on HIST

### MLB Baseball

The old ballpark in the Bronx has seen its share of great players during its 85-year life, so it's fitting that during its final season Yankee Stadium hosts one last parade of stars. Among them at the 79th Midsummer Classic will be current Yankee faves Derek Jeter and Alex Rodriguez, as well as Boston's Manny Ramirez, Houston's Lance Berkman and Atlanta's Chipper Jones. This is the fourth All-Star Game at Yankee Stadium, following the 1939, '60 and '77 events. 6 PM on KAYU net

### Picnic

William Holden stars as handsome drifter Hal Carter, who arrives in the hometown of his old college friend Alan (Cliff Robertson) on the day of the big local picnic to hit him up for a job. But he soon has more than work on his mind when he meets his buddy's beautiful bride-to-be. Arthur O'Connell earned an Oscar nomination for the relatively minor role of the town spinster's (Rosalind Russell) commitment-phobic boyfriend. Susan Strasberg also stars. 6 PM on TCM

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**Relationships** Singer Kylie Minogue has shot down rumours she's back together with actor Olivier Martinez. "It's only natural that we would see each other. It's about friendship," she said. **THE DAILY MIRROR**

## Celebrity Buzz

# Kidman, Urban reject money for baby photos

**BABY NEWS** Nicole Kidman and Keith Urban have reportedly rejected several multi-million dollar offers to publish the first pictures of their newborn daughter Sunday Rose, *imdb.com* reports.

The actress and her singer husband are undecided whether to release a photograph of the infant, but if they do it will be for free, reports Australian newspaper The Sydney Morning Herald.

"They don't think it's appropriate to make deals," a source tells the publication. "They are still deciding how they feel about (it) — if and when they will release a photo at all. But they realize there is enormous interest from the public and they are grateful and appreciative of that."

Kidman gave birth in Nashville, Tenn., on July 7. Sunday Rose is Kidman's first biological child. Kidman adopted 15-year-old Isabella and Connor, 13, during her marriage to actor Tom Cruise.

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GETTY IMAGES PHOTOS

# Campbell refutes being 'bad'

**IMAGE** Naomi Campbell has slammed the media for continually portraying her in a negative way, insisting she isn't a "bad person," *imdb.com* reports.

The supermodel was recently fined and sentenced to 200 hours' community service after a scrap with two police officers onboard a British Airways flight at London's Heathrow Airport in April.

The incident was the latest in a long line of incidents involving the 38-year-old. She completed community service in New York last year after she was found guilty of assaulting a staff member.

But Campbell is eager for the public to focus on

her more positive qualities.

"I'm not a bad person," she says. "When people say all these negative things about me, I ignore them. Let them be negative — but do that away from me. It hurts but I know there is much more good in the world."

"I'm blessed to be able to do charitable work and good things but no one focuses on that because I don't throw it in people's faces. That's why they focus on the negatives."

METRO NEWS SERVICES



## Lopez training for triathlon

**GOAL** Jennifer Lopez is training furiously to be fit enough to take part in a triathlon, just eight months after giving birth to twins, *femalefirst.co.uk* reports. The singer-actress' husband, Marc Anthony reveals Lopez is on a tough training schedule. But he confesses he is not working up a sweat with Lopez.

METRO NEWS SERVICES

## celebrity brief

### Miller fuels talk of affair with married man

**RELATIONSHIPS** Sienna Miller has fuelled rumours she is having an affair with married actor Balthazar Getty, after they were photographed together in a topless clinch, *femalefirst.co.uk* reports.

The pair were snapped frolicking on a yacht off Italy's Amalfi coast recently, just days after Getty denied being romantically involved with the actress. Miller is pictured embracing Getty wearing only skimpy bikini bottoms. "Sienna is totally besotted with Balthazar," a source tells

British newspaper the Daily Mirror. "Their relationship has gone from strength to strength over the past month and Sienna finds him utterly irresistible. Balthazar arranged the trip to one of the most beautiful and exclusive parts of the Mediterranean."

The sunshine break comes less than six weeks after Miller split from Welsh actor Rhys Ifans.

Getty, from Los Angeles, is married to Rosetta Millington and the couple has four children.

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## Zeta-Jones not a fan of Los Angeles

**PEOPLE** Catherine Zeta-Jones hates Los Angeles, *femalefirst.co.uk* reports. The 38-year-old actress — who has two children with husband Michael Douglas — has various properties worldwide, but could never live in the U.S. city. "I hate Los Angeles with a passion. I felt that way even when I was single and knocking on doors trying to get a job," she said. "We go there, work hard, have our meetings and then get the hell out again. I don't know how people live there, especially with kids."

METRO NEWS SERVICES



## celebrity brief



### Spice Girls won't re-form: Mel B

**MUSIC** Melanie Brown, a.k.a. Mel B, vows the Spice Girls will "never" re-form again, *femalefirst.co.uk* reports. The 33-year-old singer — who shot to fame with Emma Bunton, Victoria Beckham, Melanie Chisholm and Geri Halliwell as part of the girl group — says despite their recent hugely successful reunion tour, they have no plans to do it again. Despite her vow, she insists she hasn't shed her "Scary Spice" image.

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